

The Recreation and Sports Centre in Stargard

Stargard Szczeciński



The building of the Recreation and Sports Centre is situated at the main street entering Stargard from Szczecin. You can also enter the parking from Szczecińska Street. You can also get there walking along Szczecińska Street, as well as using two side entries – through the area belonging to the Garrison Club and through a gate next to the parking which belongs to Lidl.

The Recreation and Sports Centre in Stargard is a sports complex and an institution belonging to the Municipality of Stargard Szczeciński. It is located in a building built in 1935 which functioned as a sport centre with a swimming pool from the very beginning.

The Swimming Pool of the Recreation and Sports Centre is a sports indoor swimming pool which is 25-metre long and it has all the facilities, such as changing rooms, showers and equipment rental office, as well as a coach and rescue team. There are school classes, aqua-aerobic and swimming classes for children and

DETAILED INFORMATION

ADDRESS

Szczecińska 35, 73-110 [Stargard Szczeciński](#)

PHONE

+48 48 91 573 25 70

WWW

<http://www.osir.stargard...>

E-MAIL

biuro@osir.stargard.pl

COORDINATES

53.3391198991, 15.0218846384
53° 20' 21", 15° 1' 19"

For children: Yes

For disabled: Yes

Enter: Płatny



Navigate to

adults organized at the swimming pool. The building is available also for individual visitors.

Ticket prices:

- single entry from 6.00 to 11.00 PLN (discounts for children and seniors; they also honour the Stargard Large Family Card)

- carnet: 30.00-100.00 PLN

Fitness zone includes three halls in which sports classes are organized for children and adults. Gymnastics, body-shape, ABF, tai-chi, zumba, pilates, yoga and aerobics are only some of the classes offered at the centre.

Ticket prices: from 6.50 to 16.00 PLN (depending on the time of the day and the type of classes).

The gym is equipped with modern devices for weight training. The gym also offers classes with a personal trainer.

Ticket prices: from 6.50 to 16.00 PLN

Gent Fit Bar is a bar offering salads, snacks, sandwiches, hot and cold drinks.

Parents with children can also use a playroom where children are professionally taken care of.

From spring to autumn at the back of the centre there are also three new tennis courts with a surface made of brick dust. You can play tennis using your own equipment or rent it from the rental office there. Trainers are also available. The tennis courts are artificially illuminated. One hour is 16.00 PLN.

In winter at the back of the building there is an ice-skating rink with the rental office. Ticket prices: from 2.5 to 15.00 PLN.

Tanning beds: 6 minutes – 6.00 PLN.

Sauna: 90 minutes – 14.00 PLN (bookings in person or via telephone).

Next to the building there is free parking for several vehicles. You can also use the parking area next to Lidl at 11 Listopada Street (there is a gate next to the parking area leading the building).



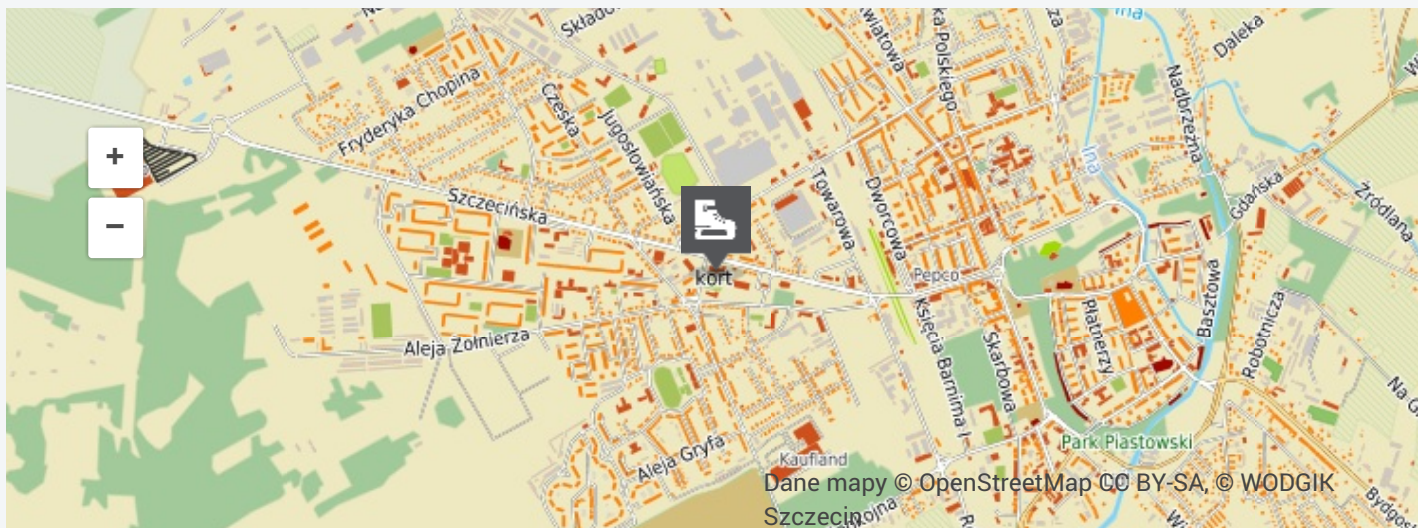
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